

Some people think that the teenage years are the happiest times of most people's lives. Others think that adult life brings more happiness, in spite of greater responsibilities.

Discuss both views and give your own opinion.

Happiness is one of the most desirable feelings of every human being. Many people reminisce about their teenage years as unrepeatable joyful moments, while others believe that adults potentially have more choices for bringing happiness to their life. This essay will review the reasons that cause individuals to feel like that the cheerful times have eclipsed after adolescence.

During adolescence, teenagers are supposed to have fewer concerns in comparison with adults, because most of them live with their parents who totally support and fulfill-provide them with entertaining and enjoyable activities. The Teenage period age is the time of having freedom and no-little responsibility but teenagers normally have not the opportunity to opt for their lifestyles, because they do not have financial independence.

Adults normally have the duty to be in charge to take care of their family and themselves which defines their freedom and also causes them anxiety. For example a man who has the burden of providing his families' family's living expenses has to toil day and night to make a living, and as a result he does not have the time to put his mind at ease and enjoy the cheerful moments of life.

In conclusion, people's experiences, containing-including sad ones, and their responsibilities, which cause them stress, can diminish the

feeling of happiness. It is an undeniable fact that teenagers who were rarely ~~were~~ touched by the harsh cruelty and complexity of life, are presumed to be more cheerful, but there are many untouched experiences which they do not have ~~not~~ the chance to gain ~~it~~. In my opinion, although the disasters change people's spirits and ~~it~~ causes less happiness in life, it is everyone's responsibility to search for it and create the situation to be thrilled.